

# *In Vitro* Antibacterial Activity of Sour Fig (*Suurvy*) Native to South Africa

Beauty E. Omoruyi, David I. Ighodaro and Francis B. Lewu

**Abstract-** Sour figs have become a provincial demand in South Africa for the treatment of common infections. The plant has displayed antioxidant activity. The plant leaves were extracted with hexane, acetone, and ethanol using Stuart Shaker, UK. The extracts' antibacterial activity was evaluated by determining the MICs in a range of 7.8-500.0 µg/ml against ten strains using micro-well dilution. Cytotoxicity was evaluated with brine shrimp using the same concentrations. The hexane extract exhibited good activity against *L. monocytogenes*, *S. pyogenes*, *S. aureus*, and *S. typhimurium* at MIC values of 15.6 µg/ml. Acetone extract showed the strongest activity against *B. cereus* and *S. pyogenes* at MIC 31.2 µg/ml. Ethanol extract displayed MIC activity ranging from 31.2 to 500 µg/ml against all the bacterial strains. The brine shrimps did not survive the various concentrations. The study indicates that the plant possesses potent bioactive activity, but may be toxic to the human body.

**Key words-** Antibacterial, brine shrimps' cytotoxicity, sour fig herbs.

## I. INTRODUCTION

Coinfection caused by one-cell organisms has seriously complicated the current pandemic mortality rate to increase, especially in critically ill COVID-19 patients [1]. *Bacillus cereus*, *E. faecalis*, *L. monocytogenes*, *S. aureus*, *S. pyogenes* and *E. coli*, *K. pneumonia*, *S. typhimurium*, *S. flexnerii*, and *P. aeruginosa* are opportunistic pathogens that are associated with food and waterborne infections [2]. When ingested, they can intracellularly invade healthy humans and animals' intestinal tracts, showing early symptoms of fever, nausea, vomiting, nose bleeding, shortness of breath, seizures, anemia, skin and eye infections [3]. Nevertheless, they can become life-threatening diseases in compromised individuals, causing complicated infections such as bacteraemia, nosocomial bloodstream infection (BSIs), pneumonia, central nervous system (CNS) infection, urinary tract infection, postsurgical wound infection, endocarditis, brain abscesses, meningitis, sepsis, listeriosis, encephalitis, diarrhoea, dehydration in children, excessive

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bleeding and renal failure in elderly, [4]. Sour fig (*suurvy*) is a member of the Aizoaceae family, indigenous to South Africa. The traditional healers locally use the roots and leaves of the herb decoction in South Africa to treat and manage ulcers, diarrhoea, high blood pressure, intestinal worms, skin infection, and stomach cramps, sore throats, influenza, and mouth infection [5]. Brine shrimp (*Artemia nauplii* or sea monkeys) lethality assay is generally used to determine the toxicity effect of bioactive chemicals, including plant extract, fungal toxins, heavy metals, cyanobacteria toxins, pesticides, dental material, and nanostructures [6]. The present study aims to determine the antibacterial and cytotoxic activity of Sour fig to justify its usage.

## II. MATERIALS AND METHODS

### A. Bacterial Strains and Chemicals

The bacterial strains were selected based on their association with common infections mentioned above. Five strains of Gram-positive bacteria: *B. cereus* (ATCC 10702), *E. faecalis* (ATCC 29212), *L. monocytogenes* (ATCC 12022), *S. pyogenes* (ATCC 7918), *S. aureus* (ATCC 6538) and five Gram-negative bacteria: *E. coli* (ATCC 8739), *K. pneumonia* (ATCC 4354), *S. typhimurium* (ATCC 13311), *S. flexnerii* (KZN) and *P. aeruginosa* (ATCC 19582) were obtained from the Applied and Environmental Microbiology Research Group (AEMREG), University of Fort Hare, Alice, South Africa. Ciprofloxacin (Cat no: 85721-33-10), *p*-iodonitrotetrazolium violet (*p*-INT) (Cat no: 146-68-9) and dimethylsulfoxide (DMSO) (Cat no: 67-68-5) were purchased from Sigma-Aldrich (St Louis, Missouri).

### B. Collection of Plant Material

Samples of sour fig leaves were collected in March - 2014 at 8:30 am in the morning in plastic bags at Nkokonbe Municipality, Eastern Cape Province. The plant was identified by Professor DS Grierson of the Department of Botany, University of Fort Hare, South Africa, in line with the South African National Biodiversity Institute (<http://pza.sanbi.org/sour-fig>). A voucher sample (012014) was deposited in Giffen's herbarium of the Department of Botany, University of Fort Hare.

### C. Preparation of Plant Extract

Leaves were softly washed with distilled water, chopped, air-dried at room temperature for approximately five days, and ground into a powder using a Romer Series II Grinding mill (Romer Labs, Newark, Delaware, USA). One hundred and fifty grams (150 g) of leaf powder were sequentially extracted on an

orbital shaker (Stuart Scientific Orbital Shaker 20.2, SOSI, Essex, UK) with 2 liters of hexane, acetone and ethanol respectively, according to their increasing polarity for 12 h. The extracts were filtered through Whatman No 4 filter paper (Merck, Darmstadt, Germany), and the filtrate re-filtered with Whatman No 1 filter paper (150mm Ø x 100 circles, #1001-150) fitted in a Buchner funnel. Filtrates were evaporated to dryness using Heilolph Rotavapor (Germany). The final yield of each extract was recorded and stored desiccated at 4°C before use. Each extract was dissolved in DMSO and then in Mueller Hinton broth to reach a final concentration of 500.0 µg/ml. Two-fold serial dilutions were made in a concentration range from 7.8 to 500.0 µg/ml in sterile test tubes containing Mueller Hinton broth and used to determine the antimicrobial inhibition activity and the cytotoxic brine shrimp lethality bioassay.

#### D. Preparation of Bacterial Inoculums

The inoculums of the test bacterial strains were prepared using the colony suspension method [7]. Colonies picked from 24 hold cultures grown on nutrient agar were used to make suspensions of the test organisms in saline solution to an optical density of approximately 0.1 at 600 nm. The suspension was then diluted 1:100 v/v by transferring 0.1 ml of the bacteria suspension to 9.9 ml of sterile Mueller Hinton broth. The cell turbidity was assessed spectroscopically in comparison to that of the 0.5McFarland standards (approximately  $1.5 \times 10^8$  cfu/ml) before being used for antibacterial assays [7].

#### E. Antimicrobial Activity Assay

Antibacterial assay was determined using a micro-well dilution method [8]. Each extract was dissolved in DMSO and then in Mueller Hinton broth to reach a final concentration of 500.0 µg/ml. Two-fold serial dilutions were made in a concentration range from 7.8 to 500.0 µg/ml in sterile test tubes containing Mueller Hinton broth. The 96-well plates were prepared by dispensing into each well 95 µl of Mueller Hinton broth, 5 µl of the bacteria inoculum, and a 100 µl from each serially diluted extracts into respective wells. Another well containing 195 µl of Mueller Hinton broth without compound and 5 µl of the inoculum on each strip was used as a negative control. The final volume in each well was 200 µl. Antibiotic ciprofloxacin was tested using the same concentration. Each well was mixed on a plate shaker at 300 rpm for 20 s prior to incubation at 37 °C for 24 hours. Each experiment was tested in triplicate. As an indicator of microorganism growth, 40µl of *p*-iodonitrotetrazolium violet (*p*-INT - 0.2 mg/ml dissolved in water) was added to each well and incubated at 37 °C for 30 min [9]. The microbial growth was inhibited, the solution in the well remained clear after incubation with INT and was taken as its minimum inhibitory concentration (MIC<sub>INT</sub>) at which no red color occurred. Plating 5 µl samples confirmed this from clear wells on Mueller Hinton agar medium. The determinations of MIC values were done in triplicate.

#### F. Cytotoxicity Test (Brine Shrimp Lethality Bioassay)

The toxicity of each extract was screened on larvae (nauplii) of *Artemia salina* (brine shrimp) as described by Lawal *et al.* [10]. To ensure the mortality effect of the extracts, the control sample containing only nauplii was used as control.

The assay system was conducted by preparing 5 Petri-dishes for each extract in 3 replicates, each containing 20 ml of the filtered seawater from Orient Beach, East London, SA. The second set of petri dishes containing ciprofloxacin dissolved in seawater: (30µl ml) served as a positive control, while a Petri dish containing only sea water served as the blank control. The setup was allowed to stand for about 30 minutes to allow the solvent to evaporate.

#### G. Hatching of *Artemia Salina* Shrimps

Brine shrimp hatching assay was evaluated by assessing the hatching success of *Artemia salina* cysts in different concentrations of the plant extracts and positive control [10]. *Artemia salina* cysts were stocked at a density of 10 individuals per Petri-dish, containing 20 ml of the incubation medium at varying concentrations. The Petri-dishes were partly covered and incubated at 28°C. The number of free nauplii in each Petri-dish was counted after every 12 hours, and the setup was allowed to remain for 48 hours under constant oxygen incubator. The percentage of hatchability was assessed by comparing the number of hatched nauplii with the total number of cysts stocked [10]. The number of dead and live nauplii in each well was counted using BX46 dissecting microscopy (Olympic, Life Science Solution, SA). If deaths occurred in controls, the percent death values were evaluated using Abbott's formula:

$(Ca - Ta)/Ca \times 100$ , where; Ca= no of live control nauplii after treatment; Ta= no of live test nauplii after treatment; Ca = no of live control nauplii after treatment.

#### H. Statistical Analysis

The NCSS 2019 software was used for statistical analysis [11]. Data were subjected to natural log (ln) transformation of all variables and analyzed within a generalized linear model ANOVA.

### III. RESULT AND DISCUSSION

#### A. *In vitro* Antimicrobial Activity

To justify plant source for the treatment and management of illnesses described above by the traditional healers, extracts from *S. fig* leaves were screened *in vitro* by a broth micro-dilution method against ten pathogenic bacteria. According to the results, hexane extract was active against all the pathogenic bacteria, except for *Klebsiella pneumoniae*, *Shigellia flexnerii*, and *Pseudomonas aeruginosa* which had little or no effect at the highest MIC concentration of 500 µg/ml (Table 1). The strongest antibacterial inhibitory activity was seen against *Listeria monocytogenes*, *Streptococcus pyogenes*, *Staphylococcus aureus*, and *Salmonella typhimurium* with MIC values of 15.6 µg/ml followed by *Enterococcus faecalis* and *Bacillus cereus* MIC 31.2 µg/ml and 250.0 µg/ml respectively. *Escherichia coli* demonstrated weak minimum inhibitory activity at the highest concentration of 500.0 µg/ml. Acetone extract suppressed the growth of Gram-positive *Bacillus cereus* and *Streptococcus pyogenes* at MIC value of 31.2 µg/ml, followed by *Staphylococcus aureus*, and *Shigellia flexnerii* which had their MIC at 62.5 µg/ml. Weak MIC inhibitory activity of acetone extract at the highest concentration of 500

$\mu\text{g/ml}$  was observed for *Enterococcus faecalis*, *Listeria monocytogenes*, *Salmonella typhimurium* and *Pseudomonas aeruginosa*. *Escherichia coli* and *Klebsiella pneumonia*. The ethanol extract displayed MIC activity ranging from 31.2  $\mu\text{g/ml}$  to 500  $\mu\text{g/ml}$  against all the bacteria treated. Reduction of growth inhibition of 31.2  $\mu\text{g/ml}$  MIC was observed for *Enterococcus faecalis*, followed by *Bacillus cereus* at 62.5  $\mu\text{g/ml}$ , *Listeria monocytogenes* at 62.5  $\mu\text{g/ml}$ , and *Streptococcus pyogenes* at 125.0  $\mu\text{g/ml}$ . *Pseudomonas aeruginosa* known to have a high resistant barrier to antibiotics [12], was suppressed by ethanol at MIC value of 125  $\mu\text{g/ml}$ , comparable to Ciprofloxacin MIC at 125  $\mu\text{g/ml}$ . *Escherichia coli*, which also has a bad record of multidrug resistance [13], [14], was inhibited by ethanol at MIC of 250  $\mu\text{g/ml}$ . The antibiotic ciprofloxacin showed potent inhibitory action against all bacteria tested. At the lowest MIC of 7.8  $\mu\text{g/ml}$ , ciprofloxacin was observed to reduce the growth of *Bacillus cereus*, and *Listeria monocytogenes*, followed by *Staphylococcus aureus*, *Escherichia coli*, and *Salmonella typhimurium* at MIC value of 15.6  $\mu\text{g/ml}$ . The MIC activity of the compound on *Klebsiella pneumonia* was 31.2  $\mu\text{g/ml}$ , *Enterococcus faecalis* at 62.5  $\mu\text{g/ml}$  and *Pseudomonas aeruginosa* at 125.0  $\mu\text{g/ml}$ .

TABLE I: ANTIMICROBIAL ACTIVITIES OF HEXANE, ACETONE AND ETHANOL EXTRACTS

| Microorganisms                | Gram+/- | MIC <sup>INT</sup> values ( $\mu\text{g/ml}$ ) |         |         | Ciprofloxacin |
|-------------------------------|---------|--|---------|---------|---------------|
|                               |         | Extracts                                       |         |         |               |
|                               |         | Hexane   | Acetone | Ethanol |               |
| <i>Bacillus cereus</i>        | G+      | 250.0  | 31.2    | 62.5    | 7.8           |
| <i>Enterococcus faecalis</i>  | G+      | 31.2   | 500.0   | 31.2    | 62.5          |
| <i>Listeria monocytogenes</i> | G+      | 15.6   | 500.0   | 62.5    | 7.8           |
| <i>Streptococcus pyogenes</i> | G+      | 15.6   | 31.2    | 125.0   | 7.8           |
| <i>Staphylococcus aureus</i>  | G+      | 15.6   | 62.5    | 250.0   | 15.6          |
| <i>Escherichia coli</i>       | G-      | 500.0  | >500.0  | 250.0   | 15.6          |
| <i>Klebsiella pneumonia</i>   | G-      | >500.0   | >500.0  | 500.0   | 31.2          |
| <i>Salmonella typhimurium</i> | G-      | 15.6   | 500.0   | 500.0   | 15.6          |
| <i>Shigella flexnerii</i>     | G-      | >500.0   | 62.5    | 500.0   | 7.8           |
| <i>Pseudomonas aeruginosa</i> | G-      | >500.0   | 500.0   | 125.0   | 125.0         |

The degree of toxicity of the plant against tested on animals (brine shrimp) was found to be directly proportional to the concentration of the extracts. At 24 hrs, maximum mortalities (100%) took place from the concentration of 31.2  $\mu\text{g/ml}$  to 500  $\mu\text{g/ml}$  in hexane extract (Table 2). Moderate mortalities of 12.5% and 37.5% were observed at the lowest concentrations of 7.8  $\mu\text{g/ml}$  and 15.6  $\mu\text{g/ml}$ , respectively. With acetone extract, maximum 100% death was observed from 15.6  $\mu\text{g/ml}$  to 500  $\mu\text{g/ml}$ . Only 40% survived at the least concentration of 7.8  $\mu\text{g/ml}$ . Ethanol extract maximum mortalities were observed from 62.5  $\mu\text{g/ml}$  to 500  $\mu\text{g/ml}$ . Least mortality rates of 12.5%, 20% and 40% were seen at the concentrations of 7.8  $\mu\text{g/ml}$ , 15.6  $\mu\text{g/ml}$  and 31.2  $\mu\text{g/ml}$  respectively.

TABLE II: PERCENTAGE MORTALITY OF SOUR FIG EXTRACTS AGAINST ARTEMIA SALINE (BRINE SHRIMPS)

| Extracts | Percentage mortality at various concentration of extracts |                       |                       |                       |                      |                      |                      |
|----------|---|-----------------------|-----------------------|-----------------------|----------------------|----------------------|----------------------|
|          | 7.8 $\mu\text{g/ml}$                                      | 15.6 $\mu\text{g/ml}$ | 31.2 $\mu\text{g/ml}$ | 62.5 $\mu\text{g/ml}$ | 125 $\mu\text{g/ml}$ | 250 $\mu\text{g/ml}$ | 500 $\mu\text{g/ml}$ |
| Hexane   | 12.5%   | 37.5%                 | 100%                  | 100%                  | 100%                 | 100%                 | 100%                 |
| Acetone  | 40%   | 100%                  | 100%                  | 100%                  | 100%                 | 100%                 | 100%                 |
| Ethanol  | 12.5%   | 20%                   | 40%                   | 100%                  | 100%                 | 100%                 | 100%                 |

#### IV. CONCLUSION

In summary, the results confirm the plant possesses potent bioactive activity against both Gram-positive and Gram-negative bacteria: but was found toxic to brine shrimps on exposure for 24hr to 48hr in a dose- dependent manner. Caution should be taken as the plant may be toxic to the human body.

#### ABBREVIATIONS

B.S.L.T: Brine shrimp lethality assays., C.N.S: Central nervous system., A.T.C.C: America type culture collection., A.E.M.R.E.G: Applied and environmental microbiology research group., *p*-INT: *p*-iodonitrotetrazolium violet., D.M.S.O: Dimethylsulfoxide.

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