

# Soil Alteration Index Three and Soil Organic Matter in Response to Cover Crop Species and Management Practices

Adewole T. Adetunji, Bongani Ncube, Andre H. Meyer, Reckson Mulidzi, and Francis B. Lewu

**Abstract**—Alteration index three (AI3), which measures the balances between three enzymes, can serve as a reliable means of detecting soil quality change due to management practices. This study aimed to evaluate the short-term effect of four living cover crops and residues, two termination stages and two termination methods on soil organic matter (SOM) and AI3 in a pot experiment. Species tested as cover crops were, vetch, pea, oats, rye and control (no cover crop). Soil was sampled at kill and one year. This study indicates significant interaction ( $P<0.05$ ) between sampling time, cover crop and termination stage on SOM. It also indicates significant interaction ( $P<0.05$ ) between sampling time and cover crop on AI3. Therefore, these management factors are key for optimizing cover crop benefits and soil fertility. The results also confirm that SOM and AI3 are suitable indicators of soil quality change caused by management practices.

**Keywords**— Alteration index three, cover crop, soil enzyme, organic matter

## I. INTRODUCTION

Maintenance and improvement of soil fertility is the key to enhancing agricultural productivity and environmental quality [1]. In recent years, organic farming methods that conserve both nutrients and soil have become very important, hence management approaches involving cover crop cultivation are becoming more popular [2]. Cover cropping is a sustainable management approach that improves soil organic matter and soil physical properties, provides energy for microbial growth and acts as a driving force for nutrient mineralization/immobilization processes [3, 4]. There is, therefore, need to continually explore and manage cover crops in order to maximize their benefits and improve agricultural productivity.

Biological indices are promising means to evaluate soil quality status due to agricultural practices [5]. Soil microorganisms release enzymes, which catalyze and increase several biochemical reactions [6] that bring about decomposition of organic residues, nutrient cycling, and release of inorganic nutrients for plant growth [7-9]. Soil enzymes have been shown to respond rapidly to environmental changes and discriminate between different soil management practices [10,

11]. This has greatly facilitated the adoption of soil enzyme activity as soil biological quality indicator under different cropping systems. Although a number of studies have reported cover crop use and management for soil quality improvement [9, 12], research evaluating how specific cover crop species, termination stage and termination method affect organic matter and enzyme activities, are limited in South African soils.

Reference [13] developed AI3 from studies evaluating the impact of different management and treatment regimes on soil enzyme activities. They found that smaller values of AI3 were related to greater soil quality. AI3 which measures the balance between three soil enzymes has also been indicated to be useful for determining soil quality in temperate grasslands of Galicia, North West Spain [14], conventional and organic treated apple orchards of Western Cape, South Africa [15] and compost amended soils in France [5]. Thus, evaluation of cover crop management impact on AI3 will aid better decision in choosing suitable methods that best enhance soil organic matter and fertility in agricultural soils.

The objectives of this study were to determine the effect of living cover crops and residues, termination stage and termination method on soil organic matter and AI3 under greenhouse conditions.

## II. MATERIALS AND METHODS

### A. Experimental description

A greenhouse pot experiment was conducted from August 2016 to November 2017 at the Agricultural Research Council (ARC) Experiment Farm, Bien done, Western Cape Province, South Africa (33°50'26''S, 18°58'53''E). A randomized block design was used and each treatment was replicated three times. Four experiments were set up which included two growth termination stages (vegetative and flowering) and two termination methods (slash and spray). Each experiment consisted of five cover crops namely; oats (*Avena sativa* L.), rye (*Secale cereal* L.), pea (*Pisum sativum*), vetch (*Vicia dasycarpa* Ten.) and a control (no cover crop). The soil was collected from 0 - 30 cm topsoil of the ARC Nietvoorbij Research Farm (33°55'10''S, 18°51'58''E), Western Cape. The soil had sandy clay loam texture, with 61% sand, 14% silt and 25% clay, a pH (KCl) of 6.7, 0.9% C, 1.6% SOM, 11 mg kg<sup>-1</sup> P (Bray II), 47 mg kg<sup>-1</sup> K, 5.31 mg kg<sup>-1</sup> NO<sub>3</sub>-N and 10.36 mg kg<sup>-1</sup> NH<sub>4</sub>-N. One hundred and twenty-30 cm plastic pots were evenly filled with 10.5 kg of the soil (air - dry weight) and

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arranged on benches. The average minimum and maximum temperature in the greenhouse was 0.5°C and 34°C, respectively, and the plants were grown under natural light conditions.

Cover crops were seeded on August 5, 2016 at the following rates: oats, 160 kg ha<sup>-1</sup>; pea, 100 kg ha<sup>-1</sup>; rye, 160 kg ha<sup>-1</sup>; vetch, 90 kg ha<sup>-1</sup>. Fertilizer was applied at 20 kg N ha<sup>-1</sup>, 150 kg K ha<sup>-1</sup>, and 50 kg P ha<sup>-1</sup> at planting. Additional 20 kg N ha<sup>-1</sup> was applied to oats and vetch pots at 2 - 4 leaf stage. Neither cover crop nor fertilizer was present in the control pots. Vetch and pea were inoculated with *Rhizobium leguminosarium* biovar *viciae*, before planting. Each pot was irrigated to field capacity using a drip irrigation system at planting. Irrigation was repeated after each soil had lost weight equivalent to a decrease in soil water content from field capacity to 25% soil water depletion [16]. Weeds were not controlled. Cover crops were terminated at vegetative (September 21 and 28, 2016) and flowering (October 26 and November 2, 2016) growth stages by clipping at the soil surface and spraying glyphosate (N-phosphonomethyl glycine) at the rate of 5 L ha<sup>-1</sup>. The cover crop residues were left on the soil surface to decompose.

### B. Soil sampling and analysis

Soil samples were collected from the 0 - 15 cm depths of the trial pots just before cover crop kill and at one year after (September 21 and November 2, 2017). Soil samples were passed through 2 mm mesh. The SOM content of these samples was determined by combustion analysis [17]. The activities of  $\beta$ -glucosidase, phosphatase and urease known to play a critical role in carbon, phosphorus and nitrogen cycle, respectively, were determined from each sample using colorimetric methods [18-20]. The activities of  $\beta$ -glucosidase and phosphatase were expressed as  $\mu\text{g p-nitrophenol g}^{-1}\text{ soil h}^{-1}$  while urease activity was expressed as  $\mu\text{g ammonium g}^{-1}\text{ soil 2 h}^{-1}$ .

Alteration index three equation

The AI3 values were calculated with the following equation:

$$\text{AI3} = 7.87 \beta\text{-glucosidase} - 8.22 \text{phosphatase} - 0.49 \text{urease}.$$

### C. Statistical analysis

Levene's test for homogeneity of experimental variances was verified for comparable variances [21]. The data were then subjected to a combined analysis of variance (ANOVA) using General Linear Models Procedure (PROC GLM) of Statistical Analysis Software (SAS) (Version 9.4; SAS Institute Inc, Cary, USA). Observations over sampling time (kill and one year) were combined in a split-plot analysis of variance with sampling time as a sub-plot factor [22] for soil variables. The Shapiro-Wilk test was performed on the standardized residuals from the model to verify normality [23]. Fisher's least significant difference was calculated at the 5% level to compare treatment means [24]. A probability level of 5% was considered significant for all significance tests.

## III. RESULTS AND DISCUSSION

### A. Combined statistical analysis

We observed from ANOVA significant interaction effects of sampling time, cover crop and termination stage treatments on SOM ( $P = 0.0361$ ) (Table I). There were significant sampling time and cover crop interaction effects on AI3 ( $P = 0.0007$ ) (Table I).

TABLE I: ANALYSIS OF VARIANCE (Pr > F) FOR SOIL ORGANIC MATTER (SOM) AND SOIL ALTERATION INDEX THREE (AI3) DATA IN COMBINED SAMPLING TIMES AS AFFECTED BY COVER CROP SPECIES, TERMINATION STAGE, AND TERMINATION METHOD

Source	DF	SOM (%)	Soil AI3
Method (M)	1	<.0001	0,0415
Stage (S)	1	<.0001	<.0001
M x S	1	0.0080	0,5348
Block (Method*Stage)	8	0.5320	0,1545
Cover crop (CC)	4	0.1363	<.0001
CC x M	4	0.0002	0,2394
CC x S	4	0.0269	0,0313
CC x M x S	4	0.6767	0,2152
Block (Method*Stage*Cover Crop)	32		
Sampling Time (ST)	1	0.1417	<.0001
ST x M	1	<.0001	0,6236
ST x S	1	<.0001	<.0001
ST x M x S	1	<.0001	0,0152
ST x CC	4	0.2280	0,0007
ST x CC x M	4	0.0597	0,3466
ST x CC x S	4	0.0361	0,0516
ST x CC x M x S	4	0.0580	0,2619
Error	40	-	-
Corrected Total	119	-	-

The findings from this study suggest that cover crop species, termination stage and termination method are important management methods since they influenced SOM and AI3 in the short-term. The significant interaction effects of sampling time and cover crop on AI3 supports previous reports indicating that this index is sensitive to alterations in soil characteristics due to management practices [15, 25]. Cover crops considerably add SOM and improve microbial activities thereby playing a vital role in soil ecosystem sustainability [26]. Several studies have shown that soil enzyme activity is a reliable biological indicator of alterations of soils in both natural and ecosystems [10, 27].

### B. Effect of cover crop species and sampling time on SOM and AI3

Living cover crops and residues had no significant effect on SOM at kill and one year, respectively (Table II). However, SOM in rye and oats residues were slightly higher than pea, vetch and the control.

At kill, AI3 values were significantly lower in all living cover crop treatments than the control (-5.10) with rye (-10.68) and oats (-9.69) being the lowest followed by pea (-7.66) and vetch (-7.62) (Table 2). However, AI3 values were the same across all cover crop residues with the control treatments, at one year (Table II).

TABLE II: COVER CROP SPECIES AND SAMPLING TIME EFFECTS ON SOIL ORGANIC MATTER (SOM) AND SOIL ALTERATION INDEX THREE (AI3) AT DIFFERENT SAMPLING TIMES (KILL AND ONE YEAR)

Sampling time	Cover crop	SOM (%)	AI3
Kill	Oats	1,29 ( $\pm 0.09$ ) bc	-9,69 ( $\pm 0.87$ ) d
	Pea	1,26 ( $\pm 0.08$ ) c	-7,66 ( $\pm 1.39$ ) c
	Rye	1,30 ( $\pm 0.08$ ) abc	-10,68 ( $\pm 0.93$ ) d
	Vetch	1,36 ( $\pm 0.08$ ) abc	-7,62 ( $\pm 1.48$ ) c
	Control	1,34 ( $\pm 0.10$ ) abc	-5,10 ( $\pm 1.31$ ) b
One year	Oats	1,38 ( $\pm 0.09$ ) ab	-2,94 ( $\pm 0.57$ ) a
	Pea	1,31 ( $\pm 0.09$ ) abc	-2,88 ( $\pm 0.53$ ) a
	Rye	1,40 ( $\pm 0.08$ ) a	-2,33 ( $\pm 0.36$ ) a
	Vetch	1,34 ( $\pm 0.08$ ) abc	-2,42 ( $\pm 0.29$ ) a
	Control	1,30 ( $\pm 0.07$ ) abc	-1,64 ( $\pm 0.40$ ) a
LSD		0,11	1,56

Each value represents the mean ( $n = 3$ ) and standard error values are indicated in parenthesis. Different letters within a column indicate significant differences at  $P < 0.05$  according to Fisher's least significant difference test (LSD)

There are limited information on the effect of living cover crops on SOM and soil microbial processes [28]. Most reports have been on cover crop residues and other management effects on soil ecosystem and fertility. This study indicates that living cover crops and residues did not have significant effect on SOM, in the short-term. The initial high C content of the experimental soil might have contributed to SOM being undetectable in the short-term [29]. However, living cover crops have been indicated to improve SOM through root exudates and turnover [30]. The observed slightly higher SOM under rye and oats residues compared to control and other cover crops at one year is consistent with previous studies [1, 12]. Non-legumes/grasses have been widely reported to improve SOM than legumes due to higher C input [12, 31].

The observed lower AI3 values under all the living cover crops compared to the control is an indication that this biological index is sensitive to C inputs and soil alterations. Previous studies have shown that lower AI3 values indicate greater soil quality [13, 15]. The much lower AI3 values detected under living oats and rye compared to pea and vetch is an indication that grasses increase labile C pools that serve as energy source for the soil biota in the rhizosphere [12, 32]. This study addressed to an extent the knowledge gap on the effect of living cover crop on AI3. However, at one year, AI3 was generally high and no response to cover crop residues were observed. This may be due to fluctuations in soil moisture and temperature pattern and substrate reduction, which occurs over time. The significant interaction effects of sampling time and cover crop on AI3 in the short-term suggests that this index may be more suitable/sensitive for detecting soil alterations from carbon inputs than SOM.

### C. Effect of cover crop species and termination stage on SOM and AI3 at different sampling times

At kill, SOM was significantly greater at vegetative stage than flowering under all the living cover crops, whereas the control treatments of both termination methods were the same (Table III). At one year, SOM significantly increased and were greater at flowering stage compared to vegetative stage across all the cover crop residues with rye (1.67 %) and oats (1.65 %) being marginally higher than pea (1.55 %), vetch (1.58 %) and the control (1.53 %) (Table III). When averaged over all covers,

SOM was higher at vegetative stage than flowering, at kill and it was the other way round, at one year (Table IV).

At kill, AI3 values were significantly lower at vegetative stage than flowering across all living cover crops (Table III). Similarly, AI3 values were marginally lower at vegetative stage than flowering under oats, pea and vetch residues as well as the control, at one year (Table III). When averaged over all cover crops, vegetative stage had lower AI3 values compared to the flowering stage at both sampling times (Table IV).

TABLE III: COVER CROP SPECIES AND TERMINATION STAGE EFFECTS ON SOIL ORGANIC MATTER (SOM) AND SOIL ALTERATION INDEX THREE (AI3) AT DIFFERENT SAMPLING TIMES (KILL AND ONE YEAR)

Sampling time	Cover crop	Termination stage	SOM (%)	Soil AI3
Kill	Oats	Vegetative	1,47 ( $\pm 0.14$ ) cdef	-12,01 ( $\pm 0.65$ ) g
			1,44 ( $\pm 0.10$ ) def	-11,73 ( $\pm 0.94$ ) fg
			1,50 ( $\pm 0.09$ ) bcde	-11,84 ( $\pm 0.57$ ) g
			1,60 ( $\pm 0.03$ ) abc	-11,36 ( $\pm 1.85$ ) fg
			1,37 ( $\pm 0.12$ ) ef	-8,99 ( $\pm 0.60$ ) e
	Pea	Flowering	1,11 ( $\pm 0.05$ ) g	-7,37 ( $\pm 0.88$ ) e
			1,07 ( $\pm 0.05$ ) g	-3,59 ( $\pm 1.00$ ) bcd
			1,10 ( $\pm 0.02$ ) g	-9,53 ( $\pm 1.72$ ) ef
			1,12 ( $\pm 0.03$ ) g	-3,88 ( $\pm 0.78$ ) cd
			1,31 ( $\pm 0.18$ ) f	-1,21 ( $\pm 1.08$ ) a
One year	Oats	Vegetative	1,10 ( $\pm 0.05$ ) g	-4,27 ( $\pm 0.69$ ) d
			1,06 ( $\pm 0.05$ ) g	-3,64 ( $\pm 0.75$ ) bcd
			1,14 ( $\pm 0.03$ ) g	-2,43 ( $\pm 0.66$ ) abcd
			1,09 ( $\pm 0.04$ ) g	-2,99 ( $\pm 0.27$ ) abcd
			1,07 ( $\pm 0.03$ ) g	-2,16 ( $\pm 0.57$ ) abcd
	Pea	Flowering	1,65 ( $\pm 0.02$ ) ab	-1,60 ( $\pm 0.50$ ) ab
			1,55 ( $\pm 0.08$ ) abcd	-2,12 ( $\pm 0.65$ ) abcd
			1,67 ( $\pm 0.04$ ) a	-2,23 ( $\pm 0.34$ ) abcd
			1,58 ( $\pm 0.03$ ) abcd	-1,84 ( $\pm 0.41$ ) abc
			1,53 ( $\pm 0.05$ ) abcd	-1,12 ( $\pm 0.52$ ) a
LSD		0,15	2,21	

Each value represents the mean ( $n = 3$ ) and standard error values are indicated in parenthesis. Different letters within a column indicate significant differences at  $P < 0.05$  according to Fisher's least significant difference test (LSD)

TABLE IV: THE OVERALL EFFECT OF TERMINATION STAGE (VEGETATIVE AND FLOWERING) ON SOIL ORGANIC MATTER (SOM) AND SOIL ALTERATION INDEX THREE (AI3) AT DIFFERENT SAMPLING TIMES (KILL AND ONE YEAR)

Sampling time	Termination stage	SOM (%)	Soil AI3
Kill	Vegetative	1,47 ( $\pm 0.04$ ) b	-11,19 ( $\pm 0.48$ ) d
I	Flowering	1,14 ( $\pm 0.04$ ) c	-5,12 ( $\pm 0.72$ ) c
One year	Vegetative	1,09 ( $\pm 0.02$ ) c	-3,10 ( $\pm 0.29$ ) b
	Flowering	1,60 ( $\pm 0.02$ ) a	-1,78 ( $\pm 0.22$ ) a
LSD		0,07	0,99

Standard error values are indicated in parenthesis. Different letters within a column indicate significant differences ( $P < 0.05$ ) among treatments using Fisher's least significant difference test (LSD)

Termination at vegetative stage improved SOM compared to flowering across in all living cover crop treatments. Studies

reporting the impact of different cover crop termination stages on SOM is scanty. Notwithstanding, a study assessing the effect of four legume cover crop termination stage on soil organic carbon (SOC) indicated greater level at the flowering stage than vegetative [33]. However, the observed higher SOM at flowering stage compared to vegetative at one year is consistent with previous work, which stated that delayed termination of cover crop correlated with higher biomass, residue cover, SOM and SOC content [33, 34]. This study, therefore, suggests that soil residue cover and SOM can be optimized by terminating cover crops at the flowering stage.

Although we could not find literature to support the effect of cover crop termination stage on Al3, the lower index detected at vegetative stage at kill and one year of this study may be due to higher residue quality associated with early. Early termination at vegetative stage is associated with lower C:N ratio and promotes soil biological nitrogen fixation and nutrient release [35]. However, literature have shown that delay in termination may lead to the accrual of plant root exudates and greater microbial biomass, which favors enzyme activities [32]. Although SOM and Al3 discriminated between termination stages in this study, further long-term research is required to know whether or not these observations transcend.

#### D. Effect of termination method on SOM and Al3

SOM in slash treatments was ~4 % greater than spray, when averaged over all cover crop residues (Table V). At one year, Al3 value was significantly lower in spray (-2.74) treatments than slash (-2.14) when averaged over all cover crop residues (Table V).

TABLE V: THE OVERALL EFFECT OF TERMINATION METHOD (SLASH AND SPRAY) ON SOIL ORGANIC MATTER (SOM) AND SOIL ALTERATION INDEX THREE (AL3) AT ONE YEAR

Termination method	SOM (%)	Soil Al3
Slash	1,37 ( $\pm 0.05$ ) a	-2,14 ( $\pm 0.25$ ) a
Spray	1,32 ( $\pm 0.05$ ) b	-2,74 ( $\pm 0.30$ ) b
LSD	0.05	0.60

Standard error values are indicated in parenthesis. Different letters within a column indicate significant differences ( $P < 0.05$ ) among treatments using Fisher's least significant difference test (LSD)

Findings from this study indicate that termination by slash favors SOM compared to spray at one year, which is in agreement with previous reports that application of glyphosate adversely affect C mineralization, SOC, SOM and soil microbial population in different cropping systems [36]. The major difference between both termination methods is that slash allows better surface residue cover and contact with the soil and maintains lower soil temperature and moisture which all contribute to higher SOC buildup, SOM and microbial activity [35].

The lower value of Al3 was however detected at termination by spray compared to slash probably indicating glyphosate effect. Some studies have reported the stimulating effect of glyphosate on soil biology [37, 38]. A study by Haney et al showed that glyphosate elevated microbial activity and N mineralization contrasting soils. Therefore, there is a need for further research on the effect of cover crop termination methods

on Al3 and SOM under different soils in the short- and long-term.

#### IV. CONCLUSION

To our knowledge, this is the first report of the impact of cover crop species, termination stage, combined with termination method on SOM and Al3 in South African cropping systems. Living cover crops and residues were slow to affect SOM. Rye and oats followed by pea are the most promising of the cover crop species with regard to Al3 and SOM increase. SOM varied with termination stages with vegetative being higher than flowering at kill and flowering being higher than vegetative at one year. Cover crop termination at vegetative stage favored Al3 compared to flowering at both sampling times. Termination by slash enhanced SOM than spraying glyphosate, whereas Al3 indicated healthy soil under spraying. In general, there was significant interaction between sampling time, cover crop and termination stage, indicating that cover crop and growth termination stage have greater impact on SOM than termination methods. The significant interaction between sampling time and cover crop on Al3 is also a sign of cover crop relevance in soil fertility improvement. However, longer-term studies are needed to examine the consistency of these results.

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